

CHAPTER 10

CELL CYCLE AND CELL DIVISION

10.1 Cell Cycle

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10.5 Significance of Meiosis

Are you aware that all organisms, even the largest, start their life from a single cell? You may wonder how a single cell then goes on to form such large organisms. Growth and reproduction are characteristics of cells, indeed of all living organisms. All cells reproduce by dividing into two, with each parental cell giving rise to two daughter cells each time they divide. These newly formed daughter cells can themselves grow and divide, giving rise to a new cell population that is formed by the growth and division of a single parental cell and its progeny. In other words, such cycles of growth and division allow a single cell to form a structure consisting of millions of cells.

10.1 CELL CYCLE

Cell division is a very important process in all living organisms. During the division of a cell, DNA replication and cell growth also take place. All these processes, i.e., cell division, DNA replication, and cell growth, hence, have to take place in a coordinated way to ensure correct division and formation of progeny cells containing intact genomes. The sequence of events by which a cell duplicates its genome, synthesises the other constituents of the cell and eventually divides into two daughter cells is termed **cell cycle**. Although cell growth (in terms of cytoplasmic increase) is a continuous process, DNA synthesis occurs only during one specific stage in the cell cycle. The replicated **chromosomes** (DNA) are then distributed to daughter nuclei by a complex series of events during cell division. These events are themselves under genetic control.

10.1.1 Phases of Cell Cycle

A typical eukaryotic cell cycle is illustrated by human cells in culture. These cells divide once in approximately every 24 hours (Figure 10.1). However, this duration of cell cycle can vary from organism to organism and also from cell type to cell type. Yeast for example, can progress through the cell cycle in only about 90 minutes.

The cell cycle is divided into two basic phases:

- **Interphase**
- **M Phase (Mitosis phase)**

The M Phase represents the phase when the actual cell division or mitosis occurs and the interphase represents the phase between two successive M phases. It is significant to note that in the 24 hour average duration of cell cycle of a human cell, cell division proper lasts for only about an hour. The interphase lasts more than 95% of the duration of cell cycle.

The M Phase starts with the nuclear division, corresponding to the separation of daughter chromosomes (**karyokinesis**) and usually ends with division of cytoplasm (**cytokinesis**). The interphase, though called the resting phase, is the time during which the cell is preparing for division by undergoing both cell growth and DNA replication in an orderly manner. The interphase is divided into three further phases:

- **G₁ phase (Gap 1)**
- **S phase (Synthesis)**
- **G₂ phase (Gap 2)**

G₁ phase corresponds to the interval between mitosis and initiation of DNA replication. During G₁ phase the cell is metabolically active and continuously grows but does not replicate its DNA. S or **synthesis** phase marks the period during which DNA synthesis or replication takes place. During this time the amount of DNA per cell doubles. If the initial amount of DNA is denoted as 2C then it increases to 4C. However, there is no increase in the chromosome number; if the cell had diploid or 2n number of chromosomes at G₁, even after S phase the number of chromosomes remains the same, i.e., 2n.

In animal cells, during the S phase, DNA replication begins in the nucleus, and the centriole duplicates in the cytoplasm. During the G₂ phase, proteins are synthesised in preparation for mitosis while cell growth continues.

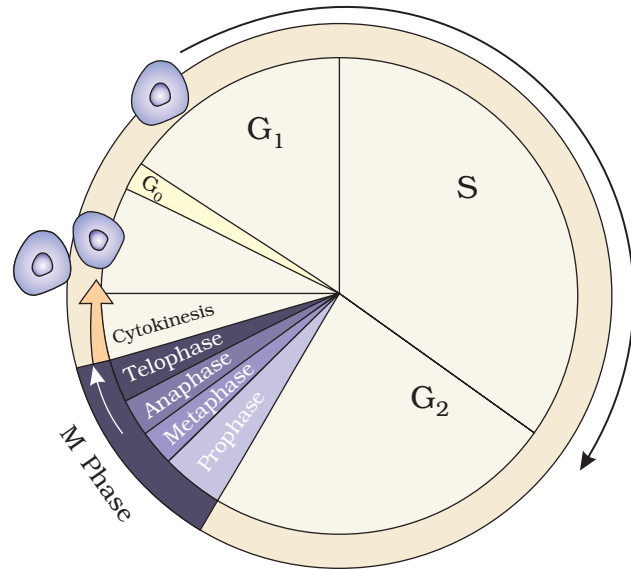


Figure 10.1 A diagrammatic view of cell cycle indicating formation of two cells from one cell

How do plants and animals continue to grow all their lives? Do all cells in a plant divide all the time? Do you think all cells continue to divide in all plants and animals? Can you tell the name and the location of tissues having cells that divide all their life in higher plants? Do animals have similar meristematic tissues?

You have studied mitosis in onion root tip cells. It has 14 chromosomes in each cell. Can you tell how many chromosomes will the cell have at G_1 phase, after S phase, and after M phase? Also, what will be the DNA content of the cells at G_1 , after S and at G_2 , if the content after M phase is $2C$?

Some cells in the adult animals do not appear to exhibit division (e.g., heart cells) and many other cells divide only occasionally, as needed to replace cells that have been lost because of injury or cell death. These cells that do not divide further exit G_1 phase to enter an inactive stage called **quiescent stage (G_0)** of the cell cycle. Cells in this stage remain metabolically active but no longer proliferate unless called on to do so depending on the requirement of the organism.

In animals, mitotic cell division is only seen in the diploid somatic cells. Against this, the plants can show mitotic divisions in both haploid and diploid cells. From your recollection of examples of alternation of generations in plants (Chapter 3) identify plant species and stages at which mitosis is seen in haploid cells.

10.2 M PHASE

This is the most dramatic period of the cell cycle, involving a major reorganisation of virtually all components of the cell. Since the number of chromosomes in the parent and progeny cells is the same, it is also called as **equational division**. Though for convenience mitosis has been divided into four stages of nuclear division, it is very essential to understand that cell division is a progressive process and very clear-cut lines cannot be drawn between various stages. Mitosis is divided into the following four stages:

- **Prophase**
- **Metaphase**
- **Anaphase**
- **Telophase**

10.2.1 Prophase

Prophase which is the first stage of mitosis follows the S and G_2 phases of interphase. In the S and G_2 phases the new DNA molecules formed are not distinct but intertwined. Prophase is marked by the initiation of condensation of chromosomal material. The chromosomal material becomes untangled during the process of **chromatin** condensation (Figure 10.2 a). The centriole, which had undergone duplication during S phase of interphase, now begins to move towards opposite poles of the cell. The completion of prophase can thus be marked by the following characteristic events:

- Chromosomal material condenses to form compact mitotic chromosomes. Chromosomes are seen to be composed of two **chromatids** attached together at the **centromere**.
- Initiation of the assembly of mitotic spindle, the microtubules, the proteinaceous components of the cell cytoplasm help in the process.

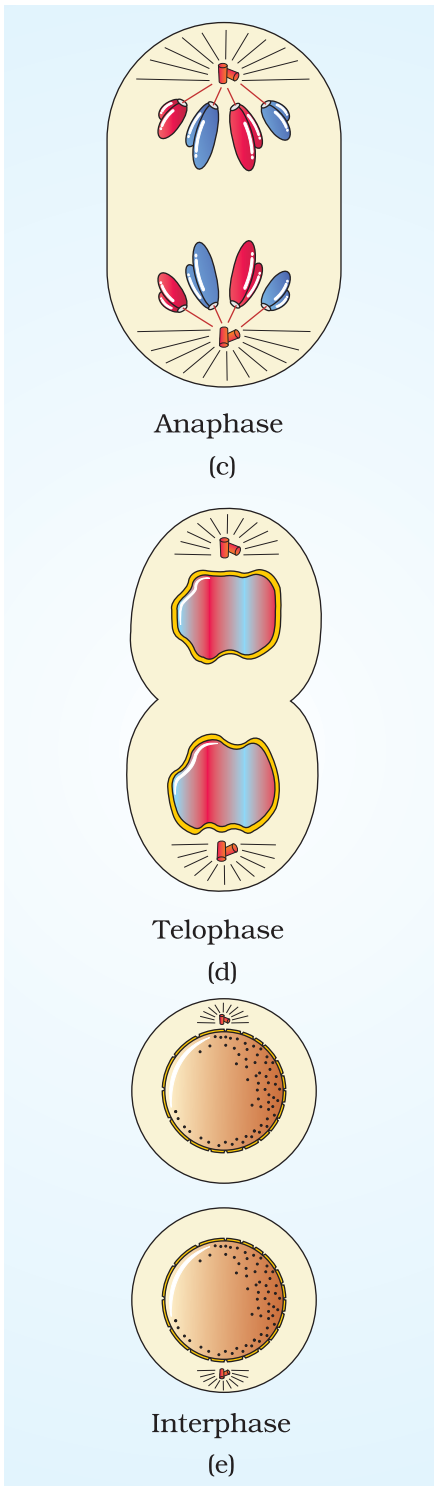


Figure 10.2 c to e : A diagrammatic view of stages in Mitosis

the following key events:

- Centromeres split and chromatids separate.
- Chromatids move to opposite poles.

10.2.4 Telophase

At the beginning of the final stage of mitosis, i.e., telophase, the chromosomes that have reached their respective poles decondense and lose their individuality. The individual chromosomes can no longer be seen and chromatin material tends to collect in a mass in the two poles (Figure 10.2 d). This is the stage which shows the following key events:

- Chromosomes cluster at opposite spindle poles and their identity is lost as discrete elements.
- Nuclear envelope assembles around the chromosome clusters.
- Nucleolus, golgi complex and ER reform.

10.2.5 Cytokinesis

Mitosis accomplishes not only the segregation of duplicated chromosomes into daughter nuclei (karyokinesis), but the cell itself is divided into two daughter cells by a separate process called cytokinesis at the end of which cell division is complete (Figure 10.2 e). In an animal cell, this is achieved by the appearance of a furrow in the plasma membrane. The furrow gradually deepens and ultimately joins in the centre dividing the cell cytoplasm into two. Plant cells however, are enclosed by a relatively inextensible cell wall, therefore they undergo cytokinesis by a different mechanism. In plant cells, wall formation starts in the centre of the cell and grows outward to meet the existing lateral walls. The formation of the new cell wall begins with the formation of a simple precursor, called the **cell-plate** that represents the middle lamella between the walls of two adjacent cells. At the time of cytoplasmic division, organelles like mitochondria and plastids get distributed between the two daughter cells. In some organisms karyokinesis is not followed by cytokinesis as a result of which multinucleate condition arises leading to the formation of syncytium (e.g., liquid endosperm in coconut).

10.3 Significance of Mitosis

Mitosis or the equational division is usually restricted to the diploid cells only. However, in some lower plants and in some social insects haploid cells also divide by mitosis. It is very essential to understand the significance of this division in the life of an organism. Are you aware of some examples where you have studied about haploid and diploid insects?

Mitosis results in the production of diploid daughter cells with identical genetic complement usually. The growth of multicellular organisms is due to mitosis. Cell growth results in disturbing the ratio between the nucleus and the cytoplasm. It therefore becomes essential for the cell to divide to restore the nucleo-cytoplasmic ratio. A very significant contribution of mitosis is cell repair. The cells of the upper layer of the epidermis, cells of the lining of the gut, and blood cells are being constantly replaced. Mitotic divisions in the meristematic tissues – the apical and the lateral cambium, result in a continuous growth of plants throughout their life.

10.4 MEIOSIS

The production of offspring by sexual reproduction includes the fusion of two gametes, each with a complete haploid set of chromosomes. Gametes are formed from specialised diploid cells. This specialised kind of cell division that reduces the chromosome number by half results in the production of haploid daughter cells. This kind of division is called **meiosis**. Meiosis ensures the production of haploid phase in the life cycle of sexually reproducing organisms whereas fertilisation restores the diploid phase. We come across meiosis during gametogenesis in plants and animals. This leads to the formation of haploid gametes. The key features of meiosis are as follows:

- Meiosis involves two sequential cycles of nuclear and cell division called **meiosis I** and **meiosis II** but only a single cycle of DNA replication.
- Meiosis I is initiated after the parental chromosomes have replicated to produce identical sister chromatids at the S phase.
- Meiosis involves pairing of **homologous chromosomes** and recombination between them.
- Four haploid cells are formed at the end of meiosis II.

Meiotic events can be grouped under the following phases:

Meiosis I	Meiosis II
Prophase I	Prophase II
Metaphase I	Metaphase II
Anaphase I	Anaphase II
Telophase I	Telophase II

10.4.1 Meiosis I

Prophase I: Prophase of the first meiotic division is typically longer and more complex when compared to prophase of mitosis. It has been further subdivided into the following five phases based on chromosomal behaviour, i.e., Leptotene, Zygotene, Pachytene, **Diplotene** and **Diakinesis**.

During **leptotene** stage the chromosomes become gradually visible under the light microscope. The compaction of chromosomes continues throughout leptotene. This is followed by the second stage of prophase I called **zygotene**. During this stage chromosomes start pairing together and this process of association is called synapsis. Such paired chromosomes are called homologous chromosomes. Electron micrographs of this stage indicate that chromosome synapsis is accompanied by the formation of complex structure called **synaptonemal complex**. The complex formed by a pair of synapsed homologous chromosomes is called a **bivalent** or a **tetrad**. However, these are more clearly visible at the next stage. The first two stages of prophase I are relatively short-lived compared to the next stage that is **pachytene**. During this stage bivalent chromosomes now clearly appears as tetrads. This stage is characterised by the appearance of recombination nodules, the sites at which **crossing over** occurs between non-sister chromatids of the homologous chromosomes. Crossing over is the exchange of genetic material between two homologous chromosomes. Crossing over is also an enzyme-mediated process and the enzyme involved is called recombinase. Crossing over leads to recombination of genetic material on the two chromosomes. Recombination between homologous chromosomes is completed by the end of pachytene, leaving the chromosomes linked at the sites of crossing over.

The beginning of **diploptene** is recognised by the dissolution of the synaptonemal complex and the tendency of the recombined homologous chromosomes of the bivalents to separate from each other except at the sites of crossovers. These X-shaped structures, are called **chiasmata**. In oocytes of some vertebrates, diplotene can last for months or years.

The final stage of meiotic prophase I is **diakinesis**. This is marked by terminalisation of chiasmata. During this phase the chromosomes are fully condensed and the meiotic spindle is assembled to prepare the homologous chromosomes for separation. By the end of diakinesis, the nucleolus disappears and the nuclear envelope also breaks down. Diakinesis represents transition to metaphase.

Metaphase I: The bivalent chromosomes align on the equatorial plate (Figure 10.3). The microtubules from the opposite poles of the spindle attach to the pair of homologous chromosomes.

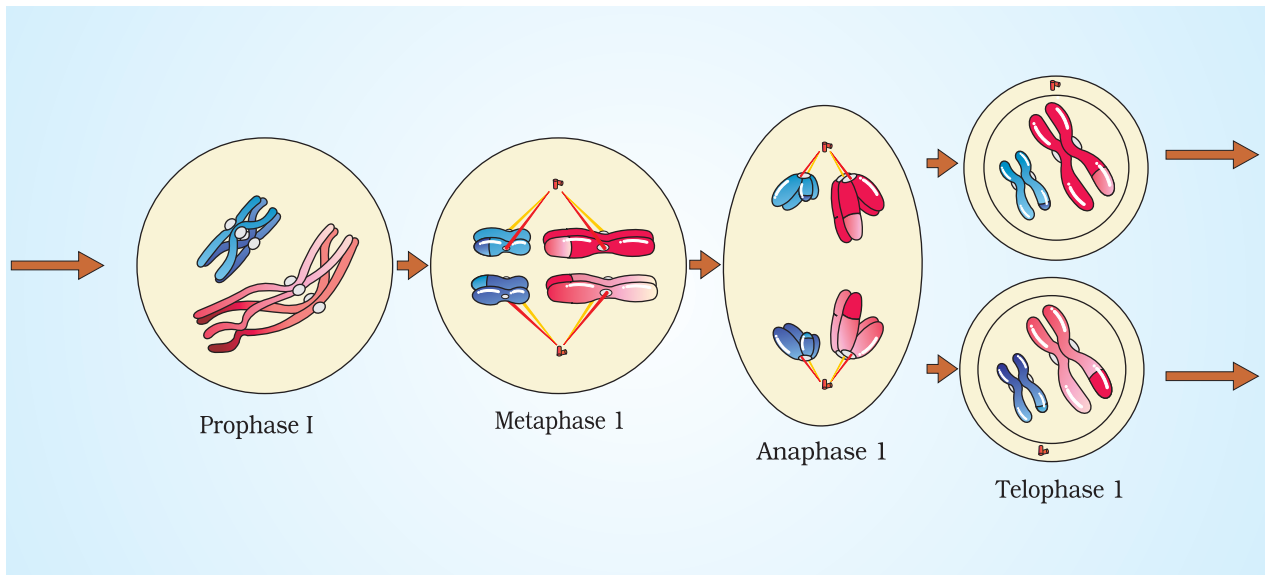


Figure 10.3 Stages of Meiosis I

Anaphase I: The homologous chromosomes separate, while sister chromatids remain associated at their centromeres (Figure 10.3).

Telophase I: The nuclear membrane and nucleolus reappear, cytokinesis follows and this is called as diad of cells (Figure 10.3). Although in many cases the chromosomes do undergo some dispersion, they do not reach the extremely extended state of the interphase nucleus. The stage between the two meiotic divisions is called interkinesis and is generally short lived. Interkinesis is followed by prophase II, a much simpler prophase than prophase I.

10.4.2 Meiosis II

Prophase II: Meiosis II is initiated immediately after cytokinesis, usually before the chromosomes have fully elongated. In contrast to meiosis I, meiosis II resembles a normal mitosis. The nuclear membrane disappears by the end of prophase II (Figure 10.4). The chromosomes again become compact.

Metaphase II: At this stage the chromosomes align at the equator and the microtubules from opposite poles of the spindle get attached to the kinetochores (Figure 10.4) of sister chromatids.

Anaphase II: It begins with the simultaneous splitting of the centromere of each chromosome (which was holding the sister chromatids together), allowing them to move toward opposite poles of the cell (Figure 10.4).

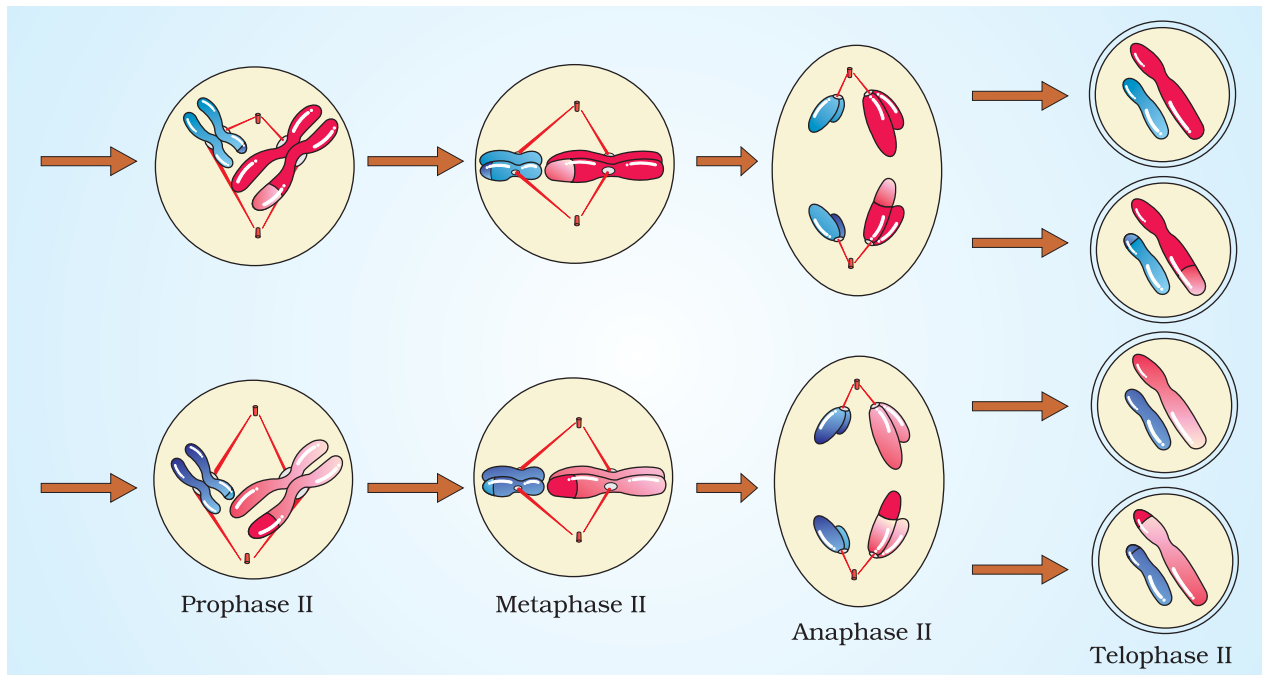


Figure 10.4 Stages of Meiosis II

Telophase II: Meiosis ends with telophase II, in which the two groups of chromosomes once again get enclosed by a nuclear envelope; cytokinesis follows resulting in the formation of tetrad of cells i.e., four haploid daughter cells (Figure 10.4).

10.5 SIGNIFICANCE OF MEIOSIS

Meiosis is the mechanism by which conservation of specific chromosome number of each species is achieved across generations in sexually reproducing organisms, even though the process, per se, paradoxically, results in reduction of chromosome number by half. It also increases the genetic variability in the population of organisms from one generation to the next. Variations are very important for the process of evolution.

SUMMARY

According to the cell theory, cells arise from preexisting cells. The process by which this occurs is called cell division. Any sexually reproducing organism starts its life cycle from a single-celled zygote. Cell division does not stop with the formation of the mature organism but continues throughout its life cycle.

The stages through which a cell passes from one division to the next is called the cell cycle. Cell cycle is divided into two phases called (i) Interphase – a period of preparation for cell division, and (ii) Mitosis (M phase) – the actual period of cell division. Interphase is further subdivided into G_1 , S and G_2 . G_1 phase is the period when the cell grows and carries out normal metabolism. Most of the organelle duplication also occurs during this phase. S phase marks the phase of DNA replication and chromosome duplication. G_2 phase is the period of cytoplasmic growth. Mitosis is also divided into four stages namely prophase, metaphase, anaphase and telophase. Chromosome condensation occurs during prophase. Simultaneously, the centrioles move to the opposite poles. The nuclear envelope and the nucleolus disappear and the spindle fibres start appearing. Metaphase is marked by the alignment of chromosomes at the equatorial plate. During anaphase the centromeres divide and the chromatids start moving towards the two opposite poles. Once the chromatids reach the two poles, the chromosomal elongation starts, nucleolus and the nuclear membrane reappear. This stage is called the telophase. Nuclear division is then followed by the cytoplasmic division and is called cytokinesis. Mitosis thus, is the equational division in which the chromosome number of the parent is conserved in the daughter cell.

In contrast to mitosis, meiosis occurs in the diploid cells, which are destined to form gametes. It is called the reduction division since it reduces the chromosome number by half while making the gametes. In sexual reproduction when the two gametes fuse the chromosome number is restored to the value in the parent. Meiosis is divided into two phases – meiosis I and meiosis II. In the first meiotic division the homologous chromosomes pair to form bivalents, and undergo crossing over. Meiosis I has a long prophase, which is divided further into five phases. These are leptotene, zygotene, pachytene, diplotene and diakinesis. During metaphase I the bivalents arrange on the equatorial plate. This is followed by anaphase I in which homologous chromosomes move to the opposite poles with both their chromatids. Each pole receives half the chromosome number of the parent cell. In telophase I, the nuclear membrane and nucleolus reappear. Meiosis II is similar to mitosis. During anaphase II the sister chromatids separate. Thus at the end of meiosis four haploid cells are formed.

EXERCISES

1. What is the average cell cycle span for a mammalian cell?
2. Distinguish cytokinesis from karyokinesis.
3. Describe the events taking place during interphase.
4. What is G_0 (quiescent phase) of cell cycle?

5. Why is mitosis called equational division?
6. Name the stage of cell cycle at which one of the following events occur:
 - (i) Chromosomes are moved to spindle equator.
 - (ii) Centromere splits and chromatids separate.
 - (iii) Pairing between homologous chromosomes takes place.
 - (iv) Crossing over between homologous chromosomes takes place.
7. Describe the following:
 - (a) synapsis (b) bivalent (c) chiasmataDraw a diagram to illustrate your answer.
8. How does cytokinesis in plant cells differ from that in animal cells?
9. Find examples where the four daughter cells from meiosis are equal in size and where they are found unequal in size.
10. Distinguish anaphase of mitosis from anaphase I of meiosis.
11. List the main differences between mitosis and meiosis.
12. What is the significance of meiosis?
13. Discuss with your teacher about
 - (i) haploid insects and lower plants where cell-division occurs, and
 - (ii) some haploid cells in higher plants where cell-division does not occur.
14. Can there be mitosis without DNA replication in 'S' phase?
15. Can there be DNA replication without cell division?
16. Analyse the events during every stage of cell cycle and notice how the following two parameters change
 - (i) number of chromosomes (N) per cell
 - (ii) amount of DNA content (C) per cell

Glossary

Anaphase : The stage of mitosis or meiosis during which centromeres split and chromatids separate and chromatids move to opposite poles. [\(Back\)](#)

Bivalent/ Tetrad : A homologous pair of chromosomes in the synapsed, or paired, state during prophase I of the meiotic division and it refer to the fact that the structure contains 4 chromatids. [\(Back\)](#)

Cell Cycle : The cell cycle is the series of events that take place in a cell leading to its replication. These events have interphase—during which the cell grows, accumulating nutrients needed for mitosis and duplicating its DNA—and the mitotic (M) phase, during which the cell splits itself into two distinct cells, often called "daughter cells". [\(Back\)](#)

Centromere : It is the primary constriction in chromosome to which the spindle fibres attach during mitotic and meiotic division. It appears as a constriction when chromosomes contract during cell division. After chromosomal duplication, which occurs at the beginning of every mitotic and meiotic division, the two resultant chromatids are joined at the centromere. [\(Back\)](#)

Chiasmata : X-shaped observable regions in diplotene in which nonsister chromatids of homologous chromosomes cross-over each other are called chiasmata. [\(Back\)](#)

Chromatids : The copied arm of a chromosome, joined together at the centromere, that separate during cell division. [\(Back\)](#)

Chromatin : Chromatin is the complex of DNA and protein that makes up chromosomes. It is found inside the nuclei of eukaryotic cells, and within the nucleoid in prokaryotes. The functions of chromatin are to package DNA into a smaller volume to fit in the cell, to strengthen the DNA to allow mitosis and meiosis, and to serve as a mechanism to control expression. [\(Back\)](#)

Chromosomes : Thread like strands of DNA and associated proteins in the nucleus of cells that carry the genes and functions in the transmission of hereditary information. [\(Back\)](#)

Crossing over : Crossing over is a process in which homologous chromosomes exchange genetic material through the breakage and reunion of two chromatids with the help of enzyme recombinase. This process can result in an exchange of alleles between chromosomes. [\(Back\)](#)

Cytokinesis : The division of the cytoplasm of a cell following division of the nucleus that occurs in mitosis and meiosis, when a parent cell divides to produce two daughter cells. [\(Back\)](#)

Diakinesis : This is the final stage of meiotic prophase I in which the chromatids break at the chiasmata and exchange their parts. During this phase the chromosomes are fully condensed and the meiotic spindle is assembled to prepare the homologous chromosomes for separation. [\(Back\)](#)

Diplotene : This is the stage of the first meiotic prophase, following the pachytene, in which the two chromosomes in each bivalent begin to repel each other and a split occurs between the chromosomes, which are then held together by regions where exchanges have taken place (chiasmata) during crossing over. [\(Back\)](#)

G₀Phase (Quiescent stage) : The G₀ phase is a period in the cell cycle where cells do not divide further and exist in a quiescent state. This usually occurs in response to a lack of growth factors or nutrients. Cells in this stage remain metabolically active but no longer proliferate. This is a very common phase for most mammalian cells. Cells that are permanently in the G₀ phase are called postmitotic cells. [\(Back\)](#)

G₁ Phase : The G₁ phase is a period in the cell cycle during interphase, after cytokinesis and before the S phase. During this phase the cell is metabolically active, resulting in great amount of protein and enzymes synthesis, synthesize new organelles and continuously grows but does not replicate its DNA. [\(Back\)](#)

G₂ Phase : G₂ phase is the final, and usually the shortest phase during interphase within the cell cycle in which the cell undergoes a period of rapid growth to prepare for M phase. During the G₂ Phase the nucleus is well defined, bound by a nuclear envelope and contains at least one nucleolus. At the end of this phase is a control checkpoint (G₂ checkpoint) to determine if the cell can proceed to enter M phase and divide. The G₂ checkpoint prevents cells from entering mitosis with DNA damaged since the last division, providing an opportunity for DNA repair and stopping the proliferation of damaged cells so that the G₂ checkpoint helps to maintain genomic stability. [\(Back\)](#)

Homologous Chromosomes : Homologous chromosomes are chromosomes in a biological cell that pair (synapse) during meiosis and contain the same genes at the same loci but possibly different genetic information, called alleles, at those genes. [\(Back\)](#)

Interphase : The interphase, though called the resting phase, is the time during which the cell is preparing for division by undergoing both cell growth and DNA replication in an orderly manner. The Interphase represents the phase between two successive M Phases. [\(Back\)](#)

Karyokinesis : The indirect division of cells in which, prior to division of the cell protoplasm, complicated changes take place in the nucleus, attended with movement of the nuclear fibrils. The nucleus becomes enlarged and convoluted, and finally the threads are separated into two groups, which ultimately become disconnected and constitute the daughter nuclei. [\(Back\)](#)

Kinetochores : These are disc shaped structures present on the sides of centromere. [\(Back\)](#)

Leptotene : This is the stage of meiosis in which the chromosomes are slender, like threads. [\(Back\)](#)

M Phase : The M Phase represents the phase when the actual cell division or mitosis occurs i.e., during which the chromosomes are condensed and the nucleus and cytoplasm divide. [\(Back\)](#)

Meiosis : This is a special method of cell division, occurring in maturation of the sex cells, by means of which each daughter nucleus receives half the number of chromosomes characteristic of the somatic cells of the species. [\(Back\)](#)

Metaphase : A stage in mitosis or meiosis during which the chromosomes are aligned along the equatorial plane of the cell. Metaphase chromosomes are highly condensed, scientists use these chromosomes for gene mapping and identifying chromosomal aberrations. [\(Back\)](#)

Metaphase plate : The plane of the equator (a plane that is equally distant from the two spindle poles) of the spindle into which chromosomes are positioned during metaphase. [\(Back\)](#)

Nonsister chromatids : Nonsister chromatids are not identical to each other as they represent different but homologous chromosomes and they will carry the same type of genetic information, but not exactly the same information. [\(Back\)](#)

Pachytene : In meiosis, the stage following synapsis (zygotene) in which the homologous chromosome threads (synaptonemal complex) shorten, thicken, and continue to intertwine, and each of the conjoined (bivalent) chromosomes separate into two sister chromatids, which are held together by a centromere, to form a tetrad. During this phase the chromatids break up and corresponding regions of the nonsister chromatids of the paired chromosomes are exchanged in a process known as crossing over. [\(Back\)](#)

Prophase : Prophase is the first stage of mitosis in which chromosomal material becomes untangled during the process of chromatin condensation and the centriole, begins to move towards opposite poles of cell. [\(Back\)](#)

Sister chromatids : During S phase of the cell cycle the DNA is replicated and an identical copy of the chromatid is made. These identical copy of chromatids are called sister chromatids. [\(Back\)](#)

S-Phase or Synthesis Phase : The S phase, short for synthesis phase, is a period in the cell cycle during interphase, between G1 phase and the G2 phase. In this phase DNA synthesis or replication occurs. [\(Back\)](#)

Spindle fibres : It is a group of microtubules that extend from the centromere of chromosomes to the poles of the spindle or from pole to pole in a dividing cell. [\(Back\)](#)

Synapsis : The pairing of homologous chromosomes along their length; synapsis usually occurs during prophase I of meiosis, but it can also occur in somatic cells of some organisms. [\(Back\)](#)

Synaptonemal complex : A ribbon like protein structure formed between synapsed homologues at the end of the first meiotic prophase, binding the chromatids along their length and facilitating chromatid exchange. [\(Back\)](#)

Telophase : The last stage in each mitotic or meiotic division, in which the chromosomes are assembled at the opposite spindle poles, nuclear envelope assembles around the chromosomes and nucleolus golgi complex and endoplasmic reticulum reform. [\(Back\)](#)

Zygotene : This is the synaptic stage of the first meiotic prophase in which the two leptotene chromosomes undergo pairing by the formation of synaptonemal complexes to form a bivalent structure. [\(Back\)](#)